



# PARISH NEWSLETTER



ROMAN CATHOLIC DIOCESE OF EAST ANGLIA  
A Registered Charity (Charity Commission No 278742) [www.rcdea.org.uk](http://www.rcdea.org.uk)



## ST MARK

WITH HOLY FAMILY BRANTHAM

St Mark's Parish House, T 01473 684963  
180 Hawthorn Drive, E [luke.goymour@rcdea.org.uk](mailto:luke.goymour@rcdea.org.uk)  
Ipswich, Suffolk W [stmarksparish.org.uk](http://stmarksparish.org.uk)  
IP2 0QQ

The parish of St Mark includes St Mark's church in Ipswich  
and the church of the Holy Family in Brantham (CO11 1TB)

**Parish Priest:**  
Fr Luke Goymour

**Parish School:**  
St Mark's School  
**Headteacher:**  
Dr Michael Keller

**Parish Secretary:**  
Mrs Pat West available  
Tuesday 11 am – 1 pm  
[office@stmarksparish.org.uk](mailto:office@stmarksparish.org.uk)

**Local Safeguarding Rep:**  
[lsr@stmarksparish.org.uk](mailto:lsr@stmarksparish.org.uk)

**Eucharistic Adoration:**  
(Stations of Cross in  
Lent)  
St Mark's  
Friday 11:40 – 12:10

Holy Family  
Tuesday 9:20 – 9:50

**Prayer Group:**  
Mondays 7:00 – 8:30pm  
Praise, Worship  
scripture & reflection

**Confession**  
St Mark: 5pm Saturday  
and by appointment

**Children's Liturgy:**  
11 am 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup>  
Sundays of each month

**Evening Praise and  
Worship** – 2<sup>nd</sup> Sunday of  
Each month at 6:30 pm



## ST MARY MAGDALEN

The Presbytery, T 01473 741975  
468 Norwich Road, M 07414 735102 (txt only)  
Ipswich, Suffolk W [marymagdalens.org](http://marymagdalens.org)  
IP1 6JS f [@marymagdalens](https://www.facebook.com/marymagdalens)  
E [parishpriest@marymagdalens.org](mailto:parishpriest@marymagdalens.org)

**Parish administrator:**  
Fr Luke Goymour

**Assistant Priest:**  
Fr Paul Chanh  
E [paulchanh@gmail.com](mailto:paulchanh@gmail.com)

**Confession:**  
5:30pm Saturday  
and by appointment

**Eucharistic Adoration:**  
Fridays after 10:00 Mass  
Exposition, a Chaplet of Divine  
Mercy and Benediction

**Parish School:**  
St Pancras Catholic Primary  
Stratford Road  
Ipswich  
IP1 6EF  
T 01473 742074

**Headteacher:**  
Mrs Lucille Martin

**Confession:**  
5:30pm Saturday  
and by appointment

**Eucharistic Adoration:**  
Fridays after 10:00 Mass  
Exposition, a Chaplet of  
Divine Mercy and  
Benediction

**Offerings:**  
Please consider setting up  
a standing order in favour  
of the parish instead of a  
weekly cash offering. If  
you can Gift Aid your  
donation, please complete  
a form which you can find  
in the church [porch].

**Bank:**  
Account name: St Mary  
Magdalen Roman  
Catholic Parish  
Sort Code: 20-44-51  
A/c Number: 70777323

**Catholic Chaplain to the Ipswich Hospital:** Awaiting new appointment. If you or a family member are going into  
hospital, please advise either Fr Paul or Fr Luke.

**3<sup>rd</sup> Sunday of Lent Year B – Sunday 3<sup>rd</sup> March 2024**

## News for St Mark's Catholic Parish

Responsorial Psalm – <b>You Lord are the message of eternal life</b>		
3rd WEEK OF LENT – Year B		
MASS & PRAYER TIMES:		
<b>SATURDAY</b> <b>2/3/24</b>	<b>17:30 St Mark's Vigil Mass</b> Offered For: Doreen Hiscock RIP	<b>Third Sunday of Lent</b>
<b>SUNDAY</b> <b>3/3/24</b>	<b>09:00 Holy Family</b> Offered For: The People of the Parish <b>11:00 St Mark's</b> Offered For: Dermot Clark & Peter Spurgin	<b>Third Sunday of Lent</b>
<b>TUESDAY</b> <b>5/3/24</b>	<b>10:00 am Holy Family</b> No Mass	<b>Lent Feria</b>
<b>WEDNESDAY</b> <b>6/3/24</b>	<b>9:30 am St. Mark's</b> Offered for: Mary Meade RIP	<b>Lent Feria</b>
<b>THURSDAY</b> <b>7/3/24</b>	<b>NO MASS at St. Mark's</b> 10:00 at St. Mary Magdalens	<b>Lent Feria</b>
<b>FRIDAY</b> <b>8/3/24</b>	<b>12:15 pm St. Mark's</b> Offered for: Sheila Curry RIP	<b>St. Felix</b>
<b>SATURDAY</b> <b>9/3/24</b>	<b>17:30 St Mark's Vigil Mass</b> Offered For: The People of the Parish	<b>Fourth Sunday of Lent</b>
<b>SUNDAY</b> <b>10/3/24</b>	<b>09:00 Holy Family</b> Offered For: David Hennessy RIP <b>11:00 St Mark's</b> Offered For: Fr. Bernadino Andrate RIP	<b>Fourth Sunday of Lent</b>

**Sunday Homilies**  
can be listened to again at:  
<https://anchor.fm/fr-luke-goymour> And on all major Podcast platforms just search:  
**Fr Luke's Homilies**

**SECOND COLLECTION AT  
ALL MASSES THIS  
WEEKEND IN AID OF  
CAFOD**

**THERE WILL BE NO  
MASS ON TUESDAY  
AS THERE IS A  
DEANERY MEETING**

**The Big Lent Walk** - Cafod invite you to take part in this event during Lent. To find out more visit their website at [cafod.org.uk](http://cafod.org.uk)

**Medjugorje 2024** – The pilgrimage to Medjugorje this year is from 19<sup>th</sup> September to 26<sup>th</sup> September. The details are as the successful pilgrimage last year and the price is the same, £779 per person for a shared room. For information contact Chris McEwen on [chrismceweneb@gmail.com](mailto:chrismceweneb@gmail.com) or 07967 568852

**FIND, thanks us for our continuing generosity** - Their current needs are crisps, squash, tinned potatoes, fruit, steak, mince, peas, carrots, and rice pudding. Also Pasta sauce

**Please collect used postage stamps for our local hospice** ALL YEAR, not just at Christmas and place them in the box at the rear of the church to help support the outstanding work of our local Hospice.

**100 CLUB** - February winners are Nos. **134 ££97.90, 143 £53.40 and 138 £26.70. And £178 was raised for the Parish.**

Pick up an application form to join or take a further number at the back of the church or contact Graeme Forsyth at [mgforyth@outlook.com](mailto:mgforyth@outlook.com) or on 01206 399049. Visit the Parish Website or scan the QR code here



**A new group is forming in the Diocese to help to reduce modern slavery here.** During 2022, in our Diocese alone, 746 souls were found enslaved and rescued. Police describe this number of enslaved people, as the tip of the iceberg. Pope Francis wants us to "find" enslaved people. All that means is learning (simply) to spot the signs and safely report them to the Modern Slavery Helpline 08000 121 700. The new group is looking for young & older volunteers to join the group. No previous knowledge or experience required, just a wish to end slavery in our diocese. Please contact [john\\_simong@hotmail.com](mailto:john_simong@hotmail.com) to discuss possibly volunteering and read the leaflet about St Bakhita (regarded as the patron saint of Modern Slavery) at <https://www.rcdea.org.uk/caritas-east-anglia/modern-slavery>

**St Mary Magdalen quiz night** on the 9th March please. The tickets are £8 each and includes a supper of chilli and jacket potato, there will be a veggie chilli also and cheese for those who don't like chilli. Teams of 6 people. Bring your own drinks. The quiz will be in St. Mary Magdalen church hall, Highfield Approach, IP1 6JS. Tickets can be bought from Jean McSorley tel: 01473 462740 or Chrissy Riches tel: 07758407798. **It would be lovely to have some of the St Marks parishioners join us for the quiz.**

**Parish Fundraising and Social Events: Sunday 3rd March – Fundraising Cake Sale** in the hall at St Mark's, after Sunday Mass. Donations of homemade or shop bought cakes will be very welcome.

**Easter Raffle:** Donations of Eggs, Bottles and chocolates needed for Easter Prize draw.

**Saturday 16th March - St Patrick's lunch** - noon for 1pm start at The Belstead Arms Radcliffe Drive, Ipswich IP2 9QU. Free parking. Minted Lamb Shanks or Hunters Chicken, Colcannon, Carrots & Peas, Vegetarian option, Cheesecake or Apple Crumble. Cost £16 for 2 course meal, £6 deposit cash or cheque payable to St Mark's please, before 10th March. Maximum 25 people. So, book early. Drinks to be paid for separately at the bar. Deposit to be handed to Brian at the end of Mass on Saturdays, Sheila/Sharon on Sundays, or Viv/Carmel at Holy Family please. There is a list at the back of church to add your name and meal and dessert orders, amount paid and contact number please. Volunteers to share Irish history and traditional songbirds welcome!

**WOULD YOU LIKE TO BE A YOUTH MINISTRY LEADER IN THE LAKE DISTRICT?** - Castlerigg Manor (Diocese of Lancaster Retreat Centre) are looking for a Programme Leader to join their youth ministry team. The work involves working on retreats in the heart of the Lake District, and occasionally working on outreach visits around the area. The post is residential and comes with a salary package in the range of £26-28k, made up of paid salary, accommodation, food etc. Would suit somebody with youth ministry experience perhaps recently graduated. Interested – [jack@castleriggmanor.co.uk](mailto:jack@castleriggmanor.co.uk)

**Living Stones Prayer Group:** is now meeting **every Monday at St Mark's from 7.00 - 8.30pm**. Come and join us for praise & worship, Adoration, testimony, teaching, sharing of scripture and reflection. During Lent we will be praying the gospel using **Lectio Divina**.

## News for St Mary Magdalen Catholic Parish

<b><i>The Third Sunday of Lent – 3<sup>rd</sup> March 2024: Sunday Readings: Liturgical Year B</i></b>		
<b><i>Services during the coming week – Third Week of Lent, Year II</i></b>		
Saturday 2 <sup>nd</sup> March	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the Third Sunday of Lent, offered for the repose of the soul of Jamie Campbell RIP (Foundation Mass). Reader: I Suttle, Offertory: Hennon Family
Sunday 3 <sup>rd</sup> March	8:00 am	Holy Mass offered for all members of the Vieira Family, living and dead. Reader C Moore, Offertory: Moore Family, Eucharistic Minister: C Moore.
	10:00 am	Holy Mass, offered for the people of the parish. Reader: R Fox, Offertory: Pakes Family, Eucharistic Minister: M Geisel.
<i>Please join us for tea and coffee in the Garden Room after 10:00 Mass, this week served by Teresa &amp; Rosemary</i>		
Monday 4 <sup>th</sup> March	Lent Feria	
	<b>No Mass Today</b>	
Tuesday 5 <sup>th</sup> March	Lent Feria	
	10:00 am	Holy Mass Offered for Charles Viera RIP
Wednesday 6 <sup>th</sup> March	Lent Feria.	
	12 noon	Holy Mass Offered for Albertina Viera RIP
Thursday 7 <sup>th</sup> March	Lent Feria	
	10:00 am	Holy Mass
Friday 8 <sup>th</sup> March	St Felix	
	10:00 am	Holy Mass followed by Stations of the Cross.
Saturday 9 <sup>th</sup> March	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the Fourth Sunday of Lent, offered for the people of the parish.

**Today's Gospel:** In today's Gospel we read about how Jesus overturned the tables of the merchants and the moneychangers in the Temple at Jerusalem. In order to understand the relevance of Jesus' action, we must learn more about the activities that were going on in the temple area. Worship at the Temple in Jerusalem included animal sacrifice, and merchants sold animals to worshipers. Moneychangers exchanged Roman coins, which bore the image of the Roman emperor, for the temple coins that were needed to pay the temple tax. Jesus' action at the Temple in Jerusalem is recorded in all four Gospels and is often understood to be among the events that led to Jesus' arrest and Crucifixion. The Gospel of John, however, places this event much earlier in Jesus' public ministry than do the Synoptic Gospels. In John's Gospel this event occurs at the very beginning of Jesus' ministry, after his first miracle at the wedding feast at Cana. We must read the Gospel of John carefully, especially in its presentation of Jesus' relationship to Judaism. The Gospel of John tends to reflect greater tension and animosity between Jesus and the Jewish authorities than the Synoptic Gospels. The Gospel of John was the last of the four Gospels to be written, and its narrative reflects the growing divide between the Jewish community and the early Christian community and thus, greater emphasis on the distinction between Christianity and Judaism is found in John's Gospel. Reflecting upon the destruction of the Temple of Jerusalem (A.D. 70), John recalls Jesus' cleansing of the Temple and uses that story to interpret this later event. John explains to his audience, an early Christian community, that temple worship would no longer be necessary because it was surpassed in the passion, death, and Resurrection of Jesus. With greater frequency than the other Evangelists, John intersperses post-Resurrection reflections of this Christian community in his narrative. After clearing the Temple of the merchants and the moneychangers, John's Gospel tells us that the people asked for a sign of Jesus' authority to do such an audacious act. In response, Jesus predicted his death and Resurrection. Throughout John's Gospel, the

language of signs is distinctive. Jesus' miracles are called signs, and the people look to these signs for proof of his authority. Here we learn that the sign par excellence will be Jesus' passion, death, and Resurrection. During Lent we reflect upon the meaning of this sign for us and for our world. We might take this opportunity to consider the quality of our prayer and worship. In our prayers we seek to deepen our relationship with the person of Christ. In our worship with the community, we gather to experience anew the passion, death, and Resurrection of Jesus and its significance in our lives. Christ promises to be present with us when we gather for prayer. *Courtesy Loyola Press*

**CAFOD Lenten Fast Day:** Last weekend there was a retiring collection to receive donations in aid of CAFOD's Family Fast Day appeal, which this year will help hardworking people like James the fisherman in Liberia with resources, tools and training to feed their families for good. If you missed last week's collection, it is not too late - you can still donate using the special CAFOD envelopes or online at [cafod.org.uk](http://cafod.org.uk)

**Sheila Curry RIP:** Sheila Curry, one of the last few remaining parish founding family members, passed away Saturday 10<sup>th</sup> February in the Ipswich Hospital, having only recently celebrated her 97<sup>th</sup> birthday. Please remember Sheila in your prayers, and pray also for the comfort of her family and friends who mourn her passing. There will be a Requiem Mass for Sheila at St Mary Magdalen church on Tuesday 12<sup>th</sup> March at 10:30 am, followed by Cremation at the Ipswich Crematorium.

**Why Should I Be Chosen?** This dramatic adaptation of the Bible will be helpful in understanding the stories in the New Testament and their context in the socio-political events of the time. The disciples were all ordinary men and their arguments, pettiness, irritability and confusion, as well as their bravery and conviction, are convincingly portrayed. You cannot understand the New Testament without appreciating the Hebrew scriptures, or Old Testament, which provides the social and religious context from which Christianity emerged, and *The Chosen* captures the Jewish commitment to faith in God permeating every part of life: every meal, every drink, every entrance to every house.

**First Holy Communion 2024:** The instruction classes for this year's First Holy Communion candidates continues, with the next class, the fourth in the programme, on Friday 8<sup>th</sup> March at St Mark's church, Hawthorne Drive, starting at 6:00 pm, and Saturday 9<sup>th</sup> March when the class will be held at St Mary Magdalen church starting at 9:30 am. The full schedule of dates for the remaining classes can be found on the parish web site.

**Social Events:** The next social event in the parish will be the Quiz Night, to be held in the parish hall next Saturday, 9<sup>th</sup> March starting at 7:00 pm. Tickets, costing £8 each which includes a supper of jacket potato and chilli, will be available after each weekend Mass this weekend. There will be a vegetarian food option too. This will be a BODAG event (Bring Own Drink And Glasses). Teams of 6 will take part in the quiz so why not get together with friends and family to form a team – otherwise you can join in with others to form a team on the night. There will be prizes awarded to the winning and second place teams, and good evening will be had by all.

**Parish 150 Club:** The February prize draw of the parish 150 Club will be made this weekend in the Garden Room after the 10:00 am Mass. As we approach the end of the Club's financial year 31<sup>st</sup> March, we are especially on the lookout for additional members. Some of our supporters have sadly passed away during the year, others have moved away from the parish and so there is plenty of room for new joiners just to make up the numbers. If you are not a member, why not sign up today and help support your parish. Application forms are available in the church porch or, you can sign up on-line on the parish web site – just scan the QR code.



**Catholic East Anglia:** The March edition of Catholic East Anglia, the Diocesan newspaper, is available in the church porch. This is free – please do take a copy home and read it. The edition includes a report on Bishop Peter's visit to Rome and Canterbury for the IARCCUM summit and a meeting of 50 Catholic and Anglican bishops in Norwich. Also included is a story about an East Anglian Catholic's family reliance on prayer when faced with a leukaemia diagnosis for their young son and the celebration of religious life in East Anglia. The newspaper is also available to read on-line on the parish web site - click the QR code to take you to it.



**The Sick of the Parish:** We ask your prayers for Patrick Doran and all our brothers and sisters who are unwell, afflicted, housebound or distressed.

*Lord, comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit.  
Amen.*

**Our Own Dear Departed:** Of your charity, please pray for the repose of the souls of our faithful departed and especially for

Audrey Gould (2000), James O'Mara (1983), Mary Irvine, Edward Millar (1998), Josephine Ratcliff (1999), Patrick McDermott-Roe (2010), Francis Doyle (1986), Catherine Coyle, Francis Coyle, Edward "Ted" Razzell (2013), Joseph Hynes (2017), Archbishop Peter Smith, 2<sup>nd</sup> Bishop of East Anglia (2020), Daniel Keenan, Norah Andrews (1961), Margaret Dowsing (2016) and Patrick Owens whose anniversaries occur about this time.

*May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*

**CSSA audit backs safeguarding services in Diocese of East Anglia:** The Diocese of East Anglia has been awarded a judgment of Comprehensive Assurance by the Catholic Safeguarding Standards Agency (CSSA) in an audit of its safeguarding provision. The audit was conducted in Spring 2023 and it is hoped that parishioners and visitors to our diocese will be reassured by its findings. Bishop Peter, clergy and all who work and volunteer in the diocese are encouraged by it and remain committed to following up on the small number of recommendations to further improve. Particular gratitude is due to the Diocese's Safeguarding Coordinator and Administrator, and to all Parish Safeguarding Representatives for their hard-work and commitment, which is reflected in this report. Web link to use

<https://www.rcdea.org.uk/cssa-audit-backs-safeguarding-services-in-east-anglia/>